

# OHIO LABORERS Benefits

## Starting your Pension?

### HERE ARE SOME THINGS TO KNOW

- Direct Deposit is on the **1st business day of every month**. A [pension calendar](#) is available on our website - [ohiolaborers.com](http://ohiolaborers.com). Paper checks are mailed the last business day of the month prior.
- You can view your payment history at any time by accessing your member portal [MemberXG](#) from our website.
- You were given the opportunity to decide about Federal and State withholding from your pension. There are penalties for failure to pay Federal and State income taxes on time. If you want to change your withholding decision, you just need to complete new forms which are available on our website.
- You will receive a **1099-R** by the end of January for tax season.
- You will receive a **Proof of Existence** form every year, around the beginning of June. You will be required to sign, notarize, and return the form to continue receiving your pension payments on time.
- Please contact the Benefits Office if you have a change of address. This ensures no interruptions to your insurance and pension benefits.
- If you have chosen a spousal option and your spouse passes away before you, your benefit will be adjusted to the Single Life option. Please notify the Benefits Office of any life status changes.
- If you have chosen a spousal option and you get divorced after you retire, your ex-spouse will still be entitled to a survivor benefit unless the Benefits Office receives a Qualified Domestic Relations Order (QDRO) in which your spouse divests his/her right to the survivor benefit.
- Except for the examples in the previous two bullet points, you cannot change the option you elected after you retire.



**For other pension or insurance related questions - please call the Benefits Office. For more FAQs, please visit our website. Follow us on social media to stay up to date with your benefits information.**

### Contact Information

Ohio Laborers Benefits  
800 Hillside Road  
Westerville, Ohio 43081  
[www.ohiolaborers.com](http://www.ohiolaborers.com)  
800-236-6437

### Social Media

[Facebook.com/OLFBP](https://www.facebook.com/OLFBP)  
Twitter: [@OLFBPTweet](https://twitter.com/OLFBPTweet)  
Instagram: [@ohiolaborersbenefits](https://www.instagram.com/ohiolaborersbenefits)  
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